

International Diabetes Center



3800 Park Nicollet Blvd.
Minneapolis, MN 55416
www.internationaldiabetescenter.com

Caring for Adult Patients with Diabetes

*Core concepts in diabetes care and
management*

2007 PROGRAM DATES

Friday, May 11

Friday, Sept. 17

7:45 a.m. to noon

WHAT YOU LEARN TODAY CAN CHANGE YOUR PRACTICE TOMORROW

Caring for Adult Patients with Diabetes

Core concepts in diabetes care and management

2007 PROGRAM DATES

Friday, May 11

Friday, Sept. 14

7:45 a.m. to noon

International Diabetes Center



WHAT YOU LEARN TODAY CAN CHANGE YOUR PRACTICE TOMORROW

Comments from past attendees

“Fast-paced and very thorough – presented clearly – great slides.”

“Thank you for the wonderful handouts on oral agents and types.”

“Excellent presentation. Glad I came.”

“Very organized, professional – excellent.”

“Very knowledgeable presenters.”

“Excellent – concise – easy to understand.”

About the program

Diabetes has reached epidemic proportions, and diabetes prevention is a national public health concern. This half-day program is designed to provide attendees with the basics of diabetes care and management, as well as the ability to help adult patients successfully manage their disease day to day.

Caring for Adult Patients with Diabetes utilizes a combination of lectures and interactive learning activities to communicate treatment options based on the latest research and clinically proven therapies. With an emphasis on application, this program will benefit nurses and assistants from all practice settings.

Who should attend

This program will benefit nursing staff, such as registered and licensed practical nurses, certified medical assistants, nursing assistants and public health nurses from all practice settings, including hospitals, clinics, group homes, offices and long-term care facilities. This program's focus is adult diabetes and is not recommended for school nurses.

Program instructors

Caring for Adult Patients with Diabetes is taught by diabetes educators. The educators include nurses and dietitians who specialize in diabetes care, education and research.

Accreditation

This continuing education program allows you to achieve, update, or maintain your professional credentials and is designed to meet the Minnesota Board of Nursing requirements for 3.6 contact hours. It is the responsibility of each participant to determine if the program meets the criteria for licensure or re-certification for their discipline. Each participant will receive a certificate of attendance.

International Diabetes Center at Park Nicollet provides world-class diabetes care, education and clinical research to meet the needs of people with diabetes, their families and the health professionals who care for them. Located in Minneapolis, the center is recognized internationally for its range of clinical and educational programs, products and services. International Diabetes Center is a part of Park Nicollet Health Services.

Program objectives

Upon completion of this program, participants will be able to:

- name the different types of diabetes and the diagnostic criteria
- discuss metabolic syndrome, pre-diabetes and ways to help patients delay the onset of diabetes
- explain the goals of medical nutrition therapy, including carbohydrate counting
- explain the impact of physical activity on blood glucose levels
- understand how to use a blood glucose meter to test a capillary blood glucose sample
- demonstrate proficiency in carbohydrate counting
- describe how to use an insulin pen
- list common oral agents (and their side effects) used to treat type 2 diabetes and their side effects
- understand different types of insulin and insulin regimens
- identify the symptoms and treatment of hypoglycemia
- discuss guidelines for sick-day management
- identify the standards of care for people with diabetes
- identify diabetes related patient care issues in various practice settings

Topics covered

- Diabetes overview
- Medical nutrition basics
- Blood glucose monitoring
- Practicing what you've learned
- Oral agent therapy
- The ins and outs of insulin therapy
- Diabetes care in your facility

Accommodations

International Diabetes Center program attendees receive discounted rates at the following hotels. Identify yourself as an International Diabetes Center program attendee when making reservations.

Hilton Garden Inn Bloomington
5140 American Blvd. West
Bloomington, MN 55437
952-831-1012

Marriott Residence Inn
3400 Edinborough Way
Edina, MN 55435
952-893-9300

Staybridge
5150 American Blvd. West
Bloomington, MN 55437
952-831-7900

Note: Attendees are responsible for all travel and hotel arrangements and expenses.

General Information

Location

All programs are held in Naegele Auditorium at International Diabetes Center

Park Nicollet Clinic—St. Louis Park
3800 Park Nicollet Blvd.
Minneapolis, MN 55416

A printable map and directions are available on our Web site at www.internationaldiabetescenter.com.

Registration

If you are pre-registered, please plan to check in and pick up your name badge and program materials the morning of the program. New registrations will be allowed on-site, as space permits. All new registrations must include payment.

Cancellation and refund policy

Substitutions are accepted at any time. Refunds are not given after the program has started. In the unlikely event that the program is cancelled, International Diabetes Center is not responsible for any airfare, hotel or other costs incurred by participants.

Caring for Adult Patients with Diabetes Registration Form

Please copy and use a separate form for each program registration. A printable registration form is also available at parknicollet.com/cme/diabetes

CHECK YOUR PREFERRED DATE

☐ Friday, May 11 ☐ Friday, Sept. 14

Name: _____
(including credentials, as you want it to appear on your name badge)

Organization: _____

Business address: _____

City: _____ State: _____ Zip: _____

Business phone: _____ Fax: _____

Email: _____

If you have any special needs or dietary requests, please call 952-993-3531 or 1-888-786-3119.

TUITION

Tuition is \$45 and includes all program materials.

GROUP DISCOUNT

A 10% discount is applied if five or more people from the same organization attend the same program date.

PAYMENT

☐ Check (enclosed, make payable to: International Diabetes Center)

☐ Credit card ☐ VISA ☐ MasterCard ☐ Discover Card ☐ American Express

Credit card number: _____ Expiration date: _____

Cardholder name (please print): _____

Cardholder signature: _____

Mail or fax (preferred)
your completed form, along
with payment/payment
information, to:



Mail

Continuing Medical Education
Park Nicollet Institute
3800 Park Nicollet Blvd.
Minneapolis, MN 55416



Fax

952-993-3033



Phone

952-993-3531
1-888-786-3119



Visit our Web site:
parknicollet.com/cme

**Thank you! You will receive
registration confirmation.**